



WADO KAI KARATE



Register online

Karate is an excellent way to develop self-confidence and discipline, the Wado Kai eight week program has been developed for individuals to progress through graduated skill based classes that promote physical fitness, flexibility and stamina. The Town recreation karate program has been recognized on a provincial and national level for the quality of students produced. It is never too late to develop new skills and karate could be the perfect fit for you and your entire family.

Session II: Wed., May 18 – Wed., Jul. 6, 2022

Beginners	5:00 – 6:00 pm
Beginner/Intermediate	6:15 – 7:15 pm
Advanced	7:30 – 9:00 pm

\$110.00	(6-14 years)
\$124.30	(15 years +)
\$120.00	Advanced (6-14)
\$135.60	Advanced (15+)

RecPlex, Oakview Room

